

LIGHT OR HEAT

**(Psa 119:105) Your word *is* a lamp to my feet
and a light to my path.**

Some people change when they see the light while others only change when they feel the heat! I do not know who came up with this quote but it is so true isn't it? The times I have seen changes come to my life they were from these two different motivations. Light and heat can both be catalysts for change; however, I prefer the light route! Sadly, I know in my life that some changes came about because I felt the heat. What does feeling the heat mean? Well feeling the heat may mean running into a brick wall too many times! It can mean getting caught! It can mean becoming so uncomfortable with the status quo which stems from the consequences from our lifestyle that we cannot live any longer in that condition. I think it is part of human nature that we all will experience this kind of motivation to change at some point in our lives. I think we all growing up as teenagers faced this kind of motivation to change. It seems that unfavorable consequences are the only way some people ever change, however **this is not God's best.**

There have been other times I have seen change in my life but it did not so much come from negative circumstances than by receiving light from God. Receiving light comes by searching out God's wisdom about your life. **The only true source of wisdom is the Word of God.** We can receive wisdom from people, from books, or from teaching CD's but the only thing that can help us truly change for the better is the wisdom from the Word that is in those people, books, or CD's.

(Pro 4:7) Wisdom *is* the principal thing; *therefore* get wisdom: and with all thy getting get understanding.

In order to experience change in your life you either can wait to feel the heat or you can get some light. Getting light is not as hard as you might think. It just entails knowing where to plug into the power. The power of God is found in His Word and Spirit. The Spirit is the agent of change but He uses the Word of God to do it. Many people struggle with problems and they ask- no beg- God to change their circumstances. However, this often does not seem to bring out the desired changes. **This is because God is more interested in you changing than your circumstances changing!** He wants to give you some light so that you can get your thinking and believing straightened out. All behavior will follow thoughts and beliefs. Many struggle in changing their behavior without first receiving light and understanding in their heart concerning the truth about the root of their problems. If you are struggling with a problem you should go to God and ask Him for wisdom! **Deliverance is found in His wisdom!**

(Jas 1:5) But if any of you lack wisdom, you should pray to God, who will give it to you; because God gives generously and graciously to all.

Ask God to lead you to His light on your problem. He might give you a scripture to meditate on. He might lead you to go the Christian bookstore and ask about for Christian books dealing with your problem. He might lead you to purchase a teaching album concerning your problem. He will lead you to the light. The light is what is going to help you clean up your mess. In the light you will see what you have been stumbling over. In the light you will see the clear path for your feet. So, it is up to you. You can wait for the heat to be turned up or you can ask God for some light. **Hint: Pick the light option!**

Some ponder points:

1. What areas in your life are you feeling the heat being turned up?
2. Ask God for light concerning those areas. Ask Him for His wisdom.
3. **Exercise:** Quiet yourself down physically and mentally and just sit before the Lord
4. Write out any instructions or impressions or thoughts (wisdom) that comes to you on a piece of paper.
5. Now act on this wisdom immediately. Do not delay!

Confession: I am a child of light. The light of God is within me. The Spirit of God is with me. He is the Spirit of Wisdom. I have the wisdom of God concerning my problems. This light contains my deliverance! I have the wisdom of God and the light of God. The darkness that is in my life must go now! I walk in God's light today!