

THOSE ARE ABIDING WORDS

Joh 15:7 If you abide in Me, and My words abide in you, you will ask what you desire, and it shall be done for you.

Jesus said some astounding things when He was on earth and this one ranks up there! Did Jesus really mean that we could ask what we desired and it would be done for us? If He did not mean it then He was a charlatan and a liar. I trust you know that is not the case. Then why do so few Christians regularly experience this promise as a living reality in their lives? I believe it is because they do not understand what it means to have His words abiding in us. The word translated as "words" in this verse is *rhema- the revealed spoken words of God*. Just because you read something in the Bible does not mean it automatically becomes *rhema* to you. When the Spirit reveals the written word to you and you realize it was spoken to you then it is His words [*rhema*] to you! **Next they must abide in you.** The word "abide" means ***fixed or permanent***. His words must become fixed or permanent in you.

To understand this we need to look how God made us. We are a three part being- a spirit, possessing a soul, and living in a body. God created us with a heart. The heart is the inner man. This inner man is the spirit that possesses a soul. The only thing that can separate spirit and soul is the Word of God. This actually happened at salvation. Your spirit was born again and sealed by the Holy Spirit so that no contaminates could enter it. Your soul is comprised of the mind, will, and emotions. Your mind is divided into two parts- the conscious and the sub-conscious. Thoughts occur in the conscious realm. Once thoughts are received they form beliefs. Beliefs reside in the sub-conscious mind. God created these two parts of our mind to help us! Our conscious mind is where we learn new things. Take riding a bike. It takes a conscious effort to learn to ride a bike. However, after repetition this knowledge, ability, and belief you can ride a bike is transferred and is programmed into the sub-conscious mind. Once this happens you can get on a bike and ride it without much conscious effort or attention. You can ride for some time and not even think about what you are doing. Once this has been programmed into the sub-conscious then you can ride anytime you want and not have to re-learn how to ride a bike. God created the sub-

conscious mind so that you would not have to continually be re-learning everything! Is that not nice of Him! Most of what we do during a given day is done from the sub-conscious mind from getting ready in the morning to driving to work. Anything that we repeatedly say and do is transferred and programmed into the sub-conscious. Our sub-conscious is what makes our knowledge and activities become fixed and permanent. Our sub-conscious is where we establish set points much like a cruise control in our car. We set our cruise control at a certain speed in our car and if we do not hit the gas or brake it will stay at a fixed rate of speed. If we speed up or slow down the speed control will bring us back to the set point. This is exactly what our sub-conscious does for us. If we have been repeatedly told we could not do something, then it will be programmed into our sub-conscious and that becomes our set point. Our belief has become that we can't do that. What we believe and speak is then released to make that happen. This is a spiritual law God has established from the beginning. It works positively and negatively. It works for believers and it works for unbelievers. It works all the time, every time- It is a law. What we believe in our heart- sub-conscious- and speak goes into motion to bring it about. You might by chance do well in the area you believe you can't succeed at and your sub-conscious belief will kick in and you will rationalize that you got lucky and you could not possible maintain that! Once you maintain that belief then you will experience defeat even though you dearly wished to have success. The sub-conscious does not register wants or wishes. It only registers beliefs. It does not register what you would like, but **what and who you think you are now**. Jesus said that if His words become fixed in you then you could ask what you would and it would be done for you. Jesus was saying that His words had to become fixed beliefs and be programmed into your sub-conscious! How do you know what is in your sub-conscious? You can tell by what you say and do. You can tell by what you have in your life right now and by what you do not have!

Just hearing a sermon does not make it revelation knowledge to you nor does it make it fixed and permanent in you. Just sitting and hearing a sermon will not make it register into your sub-conscious. We live in an entertainment society. We like to sit down in front of a T.V. or movie screen and just watch and listen to what is said with no active participation with it. We have translated this over to our walk with the Lord. We go to church and just sit and listen like we are watching T.V.

show or a movie. We might say, "That was good!" or, "I did not like that." Then we forget it and move on. We think we have helped ourselves quite a bit by hearing the sermon, but in fact we did very little to help ourselves, if we just listened to it and do nothing else with it. Unless what we heard becomes incorporated into our heart and becomes fixed and permanent then we have not been bettered. We might have gained some head knowledge but our lives are not impacted by it to any great degree. Our lives instead are being driven by the pre-set beliefs we have already formed early on and that have already been established in our sub-conscious. If we do not take deliberate action to re-program our sub-conscious then our previous programming will continue to play out even if we do not like what it is producing and desperately want something different. Some can sit and hear about being righteous and nod their head and then find themselves struggling with sin all week. What they know in their head and what they are living out are two different things! Until what we know is programmed into our sub-conscious then we will continue to struggle and not know why. We are just living out our internal set points. That is why a woman can come from an abusive home and end up with an abusive husband even if she hated being abused. She has a set point in her sub-conscious of abuse and low self-worth and without realizing it she will attract the same scenario later in life! Even though she is miserable and desperately wants to change and have something different, she will continue to be held fast and be attracted to that same scenario until her set point changes.

Jesus died to give us life and that life more abundantly! Why do so many not experience abundant life? It is because of what is already fixed in their heart. Jesus said that if His words become fixed and permanent within them then they would ask what they desired and they would have it! What a life! Jesus died to give us this life and we can have it but we have a part to play in it. It will not automatically take place. We must believe. To believe means to take God's thoughts and repeatedly replay them over and over until they are put into the sub-conscious. Modern science research reveals that we incorporate into our sub-conscious about 10 percent of what we hear repeatedly. It has been shown that we incorporate into our sub-conscious about 50 percent of what we repeatedly hear along with picturing it. It further has been shown that we incorporate into our sub-conscious nearly 100% of what we repeatedly hear, see, and feel. If you will repeatedly hear something along with

picturing it, and experience the emotions that come with that, then our sub-conscious will be impacted in a dramatic way. How can we practically hear, see, and feel something different than what we have already experienced especially if what we have heard, seen, and felt is negative all our life? It is by biblical meditation. Genuine biblical meditation incorporates all three aspects of-hearing, seeing, and feeling. This impacts us at our deepest heart level. Confession is vital to impacting our sub-conscious. You need to regularly confess the Word of God and make sure you are not negating it later by saying the opposite. At a ten percent rate of impact upon the sub-conscious you can see changes will happen slowly if you keep it up! If you will along with your confession see yourself being and having what you are confessing you can make a much more rapid progress in seeing changes occur. However, to make the most rapid progress you need to confess the Word, see yourself being and having what the Word says in your mind's eye, and then let yourself begin to feel what it is like being and having what you hear and see. If you will do this repeatedly then you will see changes in your life more rapidly. Once you repeat God's thoughts over and over, and see them, and experience the emotions that go along with them they will develop fixed and permanent beliefs. Once these words of Christ are fixed then you can ask what you will and it will be done for you!

When you go to church you need to not treat it like a T.V. show or movie. It is not entertainment. Take notes and write down the scriptures. Then go home and start speaking those scriptures in first person, present tense, visualizing them with emotion! **I AM SO HAPPY TO BE THE RIGHTEOUSNESS OF CHRIST! I AM SO EXCITED THAT I AM A SAINT AND HOLY! I AM SO GLAD THAT I AM PROSPEROUS AND HEALED! THANK YOU, THANK YOU, THANK YOU FATHER!**

Jesus is waiting to manifest a wonderful and abundant life to you and in you! Those are abiding words!